



## INFORMATION BOOKLET 2007/2008

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### HISTORY

Swimming in the surf first became popular in the 1880s. At that time laws forbade bathing between 6am and 7pm. By 1903 daytime bathing had been legalised and surfing became a popular pastime.

Formal surf life saving clubs were formed - the first at Bondi in 1906. By today's standards early rescue attempts seemed clumsy - joining hands to form a living chain was not a successful method and boats were cumbersome in heavy seas. Later thick ropes with heavy bells attached were installed on many beaches and the Bronze Medallion was awarded to those trained to use these bells.

Since its formation Surf Life Saving Australia has been helping to protect beach-goers and save people from drowning and is Australia's largest water safety organisation.

*Kurrawa Surf Life Saving Club* was first registered in September 1958. The original clubhouse was opened in 1963 and has undergone several stages of building until it became what it is today.

Competitively, Kurrawa has had strength in First Aid, beach events, water and boat events as well as the March Past.

In 1991 and 1992 the A Grade Boat crew won gold at the Australian Championships in Scarborough WA and Collaroy NSW and took out the bronze at Kurrawa in 1993. This success was followed by the A and B Grade both winning Gold at Kurrawa in 2001. Our Female and Masters crews came in with Silver.

**What a finish to that season!**

**2003 saw even greater success throughout the whole competition arena. The Masters competitors won Champion Club in both the State and Australian Championships. Our boats won Best Boat Club, our own lifesaver, Peter Kingston won Australian Lifesaver of the Year and our boards, beach competitors and ski paddlers won Gold, Silver and Bronze medals in their disciplines.**

**An outstanding season for Kurrawa Surf Life Saving Club.**

***Kurrawa Old Boys* was founded in 1976. They have a large database of members who have been located and have rejoined the club after, sometimes, quite a considerable number of years.**

**Funding by the Old Boys assists the club to purchase lifesaving equipment and is also used to encourage young aspiring members requiring sponsorship with training and purchase of craft etc.**

### **KURRAWA JUNIOR ACTIVITIES (NIPPERS)**

**In 1978 a Nipper club was formed and members show outstanding ability each season. The encouragement to bring young members through from Nippers to the senior ranks is paramount as this is the lifeblood of any club.**

### **AIMS**

**The motto of all lifesavers *Vigilance and Service*" has never changed. The objectives and aims of the Association are rather extensive but deal primarily with *Surf Safety* and the public needs i.e. to watch over and care for the people who use our ocean beaches.**

**This year saw us write our own mission statement:**

***To provide life saving excellence through the integrity of our members***

**Public education is a major objective also as the Association believes preventing a rescue is better than effecting one.**

**Physical fitness is another aspect of the functional activities and competition at surf carnivals attends to this.**

**The mixture of community service, competitive sport and club fellowship is an attractive one that will ensure the growth of the Movement for many years.**

## **ORGANISATION**

**The controlling body for Surf Life Saving is known as Australian Council (SLSA). All policy decisions eventually end up there.**

**All States have a headquarters, known as State Centre. Ours is Surf Life Saving Queensland (SLSQ).**

**Queensland also has Branch headquarters and ours is South Coast Branch located at Mermaid Beach.**

## **MEMBERSHIP**

**Membership of the Association and Clubs is open to anybody regardless of race, colour, religion or sex. You do not need to be a champion swimmer or athlete. Members are from (7) year olds up to any age:**

- **Junior Activities 7 to 13 yrs**
- **Active Cadet 13 to 15 yrs**
- **Active Junior 15 to 18 yrs**
- **Active Senior 18 yrs & over**
- **Masters 30 yrs & over**

**Note: all age limits are taken as of midnight on the 30 September each year (common birth date).**

## **MEMBERSHIP CARD**

**Club membership cards are issued to members over 18 years of age who are automatically granted membership of the Kurrawa Supporters Association and may use their card to gain entry into the licensed area of the club.**

**In 2003 and 2004 Kurrawa SLSC Supporters Association were awarded the prestigious title of: *Best Surf Life Saving Supporters Club in Queensland***

**Outside members wishing to join the Supporters Club may do so by filling out a form which is available at reception.**

## **CLUB COLOURS**

**Our club colours are: Royal Blue, Gold and White.**

## **AWARDS**

**There are many awards available within the Movement. Some are listed below and for more information you should contact the Club Chief Training Officer, through the Surf Club office.**

- **Surf Rescue Certificate**
- **Bronze Medallion**
- **Radio Operators Certificate**
- **Advanced Resuscitation Certificate**
- **IRB Driver & Crewman**
- **Senior First Aid**
- **Training Officers Certificate**
- **Examiners Certificate (in several disciplines)**
- **Silver Medallion - Life Support**
- **Silver Medallion - Patrol Captain**
- **Gold Medallion - Advanced Life Saving Certificate**
- **Carnival official accreditation**
- **Coaching accreditation**

**Awards should not be looked on as a chore. You can acquire skills that could one day save a life; as hundreds of surf lifesavers will testify.**

## **WHAT YOU HAVE TO DO**

**On joining, each member (if over 15 years) is required to train for the Bronze Medallion, which is the basic requirement to become a lifesaver. Cadets or under 15s (13-15) may also perform patrol duties under supervision if they obtain the Surf Rescue Certificate. Both these awards entail the many associated skills used in rescues, such as:**

- **Run-Swim-Run**

- **Surf Awareness (identification of patient and knowledge of surf and beach conditions).**
- **Radio communication procedures**
- **Knowledge of patrol operations**
- **Resuscitation procedures**
- **First Aid knowledge**
- **Board & Tube Rescue**

**In addition to these necessary basic awards, each member is encouraged to train for specialist awards encompassing the many aspects of Surf Life Saving.**

## **MEMBERSHIP CATEGORIES**

### **1. Junior Activities (Nippers)**

**7-13 years.**

**Gain Surf Education awards for their age.**

### **2. Cadet (Under 15)**

**13-14 years**

**Cadets are required to attend patrols and gain their Surf Rescue Certificate.**

### **3. Active (Junior & Senior)**

**Will do patrols when rostered, perform a proficiency test every year and be a Bronze Medallion holder.**

### **4. Active Reserve**

**A Bronze Medallion holder who has completed eight years active service. This status is granted by the Committee upon application. Members will still have to do a proficiency test each year and will do patrols at the direction of the Association and the Club Captain.**

### **5. Award Membership**

**Award members are not Bronze holders but do have either/or a surf Rescue**

**Certificate (over 15 years), Radio Certificate, Resuscitation (CPR) Certificate, Advanced Resuscitation Certificate or First Aid Certificate. They can be asked to perform beach patrols within their capacity of membership.**

## **6. Long Service**

**May be granted to members who have completed ten (10) years active service or eight (8) years active and four (4) active reserve and are exempt from patrol obligations.**

## **7. Life Member**

**Life Membership can be granted to a member in any category and depends on the member having given at least 15 years of outstanding service.**

## **8. Past Active**

## **9. Associate**

**This person is basically a social member of the club. They pay additional fees enabling them to use club facilities (not the Gym). While not performing active patrol duties they are required to assist in fundraising and other Club duties. These members have no voting rights.**

## **PATROLS**

**Patrols are the most important part of club life. They are the reason Surf Life Saving exists: to prevent drowning. Without patrols, surf clubs as we know them, would cease to exist.**

**The official patrol season together with patrol times will be circulated when prepared for the season and forwarded to every active member.**

## **METHODS OF PATROL**

**The way we patrol our beaches has changed dramatically from the early days in 1906. Today we refer to our surveillance of the beaches as a "Patrol Network".**

**Gone are the days when we only had a reel in a box near the beach. We now encompass many different facets such as:**

- **Beach Patrols**
- **Inshore Rescue Boats (IRBs or Rubber Duckies)**
- **Jet Rescue Boats (JRBs)**
- **4WD vehicles**
- **Helicopters**
- **Personal Water Craft (Jet Ski)**

**In addition to these components of the patrol network our system incorporates an efficient Radio Communications Network.**

**You will be allocated to a patrol team, where you will have a Patrol Captain and a Vice Captain to guide you through your duties while on patrol.**

**Please arrive on time for your patrol - *being late for patrol could cost a life!***

### **PATROL EQUIPMENT**

- **Red & yellow cap (keep on head and tied at all times)**
- **Club togs**
- **Red patrol shorts or skirt**
- **Yellow patrol shirt**
- **Hat or cap (Red)**
- **Sunglasses and skin protection are essential.**

### **FUNDRAISING**

**All members are required, from time to time, to assist with fund raising. This is usually in the form of raffles, helping at club functions and the annual House to House (door knock appeal), if the club should participate in this venture.**

### **GYMNASIUM**

**A well-equipped gym is available to members at a separate fee - details may be obtained from the Club Secretary.**

### **COMMUNICATION**

**The club newsletter *Behind the Flags* is published monthly and forwarded via mail or email to members. Be sure to read this as important dates of events about to happen will be listed inside as well as your Patrol Roster. Advise the Secretary of any changes in your address, email or telephone number to enable your records to be kept up to date.**

### **SPONSORS**

**Clubs cannot survive without the support of good sponsors. Please keep this in mind when purchasing goods and support the suppliers who support us.**

## **CAR PARKING**

**During the season the Council car park becomes congested with members, beach goers and market customers. Illegal parking by members will result in a fine from Council.**

**The car park on the southern side of the Clubhouse is restricted to patrol and committee members only. The driveway is an Emergency entry/exit and MUST BE KEPT CLEAR AT ALL TIMES in case of an emergency. Please be considerate of others.**

## **COMMITTEES & MEETINGS**

**The Club Executive Committee comprises:**

- **President**
- **Deputy President**
- **Secretary**
- **Captain**
- **Treasurer**
- **Members Representative**

**As well as the Executive there is a Management Committee, a Board of Life Saving and a Board of Surf Sports.**

**General Meetings (which are for all members) are held three times each season. Voting at General Meetings is restricted to financial, proficient: Active Junior, Active Senior, Reserve Active, Long Service, Life Members and Officers of the club.**

## **HANDICAP EVENTS**

**A handicap surf swim and board race are held every Sunday morning during the season, commencing at 8.30 am. Be in it - just turn up.**

*All information in this book is subject to change at any time.*

**The Official Patrol Season for 2006/2007 shall commence:**

**Saturday 9 September 2006 and conclude on Monday 7 May 2007**

**Official patrol days during this period include all Saturdays, Sundays and Public Holidays (including mid-week holidays).**

### **PATROL TIMES**

**To be advised**

**NOTE: Any member who is not proficient, or has not completed the appropriate awards, shall not be allowed to perform patrols or operate rescue craft.**

**Patrol uniforms are supplied and will be distributed by the Club Captain prior to your commencing patrol. It will be your responsibility to look after the uniform (laundry etc).**

**Patrol requirements are as per the Club Constitution.**