

# How to compete at the 2025 QLD Youth Championships

## Age Groups

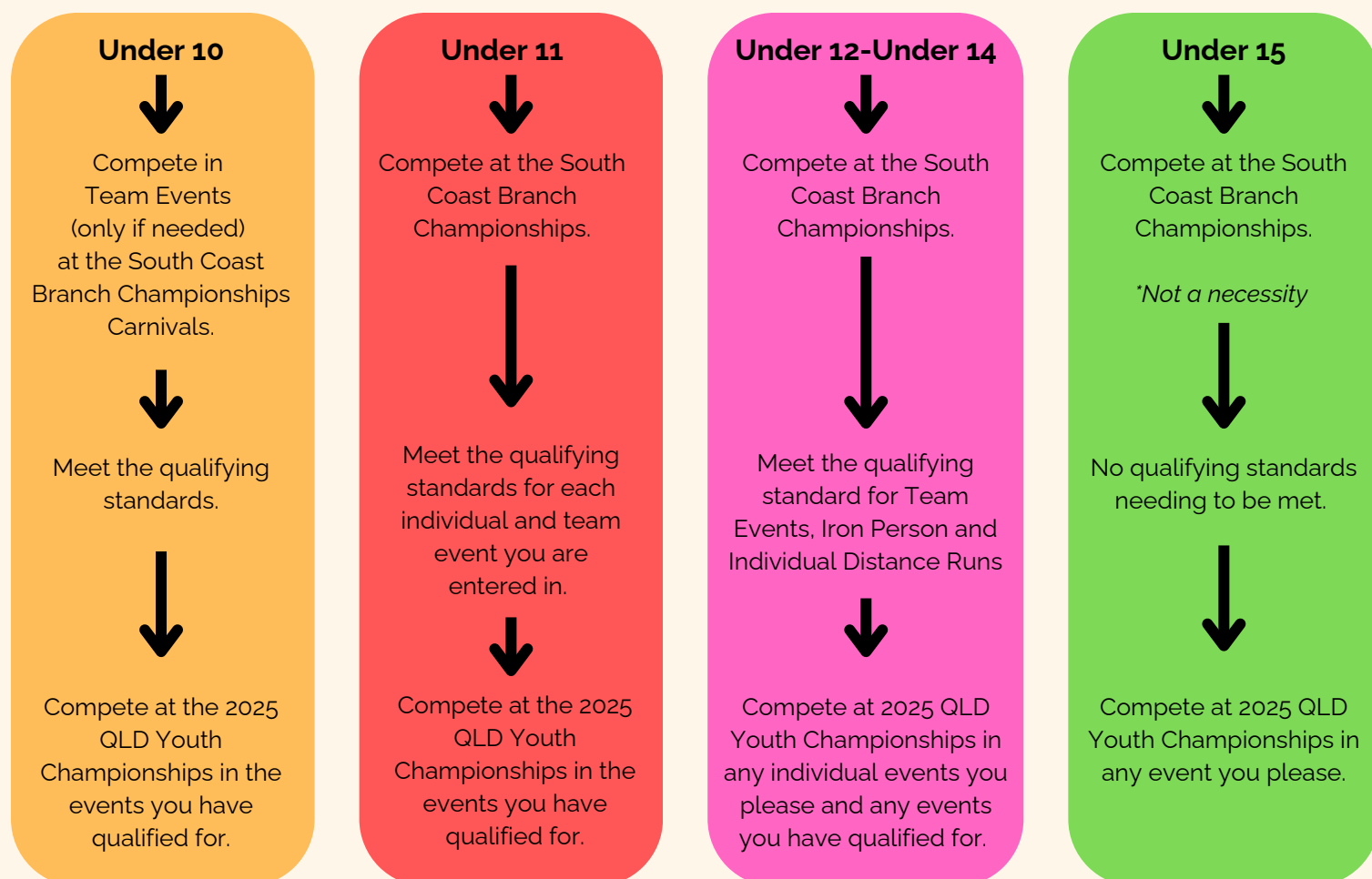
**Under 10s:** Can only compete in Team Events as an Under 11. Must qualify for team events.

**Under 11s:** Must qualify for ALL events.

**Under 12s-Under 14s:** Must qualify for Iron Person, Beach Runs and Team Events. Children can enter all other individual events like a normal carnival.

**Under 15s:** Do not need to qualify for anything. Children can enter all events like a normal carnival.

## Qualifying Pathway



## Previous Seasons Qualifying Standards

**Top 3:** All Age Relay, Mixed Beach Relay and Beach Relay.

**Top 5:** Swim Teams.

**Top 6:** Board Rescue, Board Relay and Cameron Relay.

**Top 8:** 1km (U11/U12), 2km (U13-U14) Beach Runs, 2 x 500m and 2 x 1km Beach Run Relay.

**Top 12:** Under 11 Individual Events and Under 11-Under 14 Iron Person.