

2024 AUSTRALIAN OPEN & MASTERS CHAMPIONSHIPS	
SUNDAY 14TH APRIL	
MOOLOOLABA BEACH	
NORTHERN SIDE OF BEACH TRACK	
OCEAN SWIM MARSHALLING - 7:30am	
WAVE 1	U15 MALE 2km OCEAN SWIM
	U14 MALE 2km OCEAN SWIM
	U13 MALE 2km OCEAN SWIM
WAVE 2	U15 FEMALE 2km OCEAN SWIM
	U14 FEMALE 2km OCEAN SWIM
	U13 FEMALE 2km OCEAN SWIM
WAVE 3	OPEN MALE 2km OCEAN SWIM
	U19 MALE 2km OCEAN SWIM
	U17 MALE 2km OCEAN SWIM
WAVE 4	OPEN FRMALE 2km OCEAN SWIM
	U19 FEMALE 2km OCEAN SWIM
	U17 FEMALE 2km OCEAN SWIM
WAVE 5	MASTERS MALE & FEMALE 2km OCEAN SWIM 30-34 yrs & 35-39 yrs
WAVE 6	MASTERS MALE & FEMALE 2km OCEAN SWIM 40-44 yrs & 45-49 yrs
WAVE 7	MASTERS MALE & FEMALE 2km OCEAN SWIM 50-54 yrs & 55-59 yrs
WAVE 8	MASTERS MALE & FEMALE 2km OCEAN SWIM 60-64 yrs & 65-69 yrs
	MASTERS MALE & FEMALE 2km OCEAN SWIM 70-74 yrs & 75+

<b>2024 AUSTRALIAN MASTERS CHAMPIONSHIPS</b>
<b>MONDAY 15TH APRIL</b>
<b>MOOLOOLABA BEACH</b>
<b>BEACH TRACK</b>
<b>MARSHALLING</b> - 3:45pm
<b>75+ yrs MALE BEACH SPRINT FINAL</b>
<b>75+ yrs FEMALE BEACH SPRINT FINAL</b>
<b>70-74 yrs MALE BEACH SPRINT FINAL</b>
<b>70-74 yrs FEMALE BEACH SPRINT FINAL</b>
65-69 yrs MALE BEACH SPRINT SEMI FINALS
<b>65-69 yrs FEMALE BEACH SPRINT FINAL</b>
<b>65-69 yrs MALE BEACH SPRINT FINAL</b>
60-64 yrs MALE BEACH SPRINT SEMI FINALS
60-64 yrs FEMALE BEACH SPRINT SEMI FINALS
55-59 yrs MALE BEACH SPRINT QUARTER FINALS
55-59 yrs FEMALE BEACH SPRINT SEMI FINALS
<b>60-64 yrs MALE BEACH SPRINT FINAL</b>
<b>60-64 yrs FEMALE BEACH SPRINT FINAL</b>
55-59 yrs MALE BEACH SPRINT SEMI FINALS
<b>55-59 yrs FEMALE BEACH SPRINT FINAL</b>
<b>55-59 yrs MALE BEACH SPRINT FINAL</b>
50-54 yrs MALE BEACH SPRINT HEATS

50-54 yrs FEMALE BEACH SPRINT SEMI FINALS
50-54 yrs MALE BEACH SPRINT QUARTER FINALS
50-54 yrs MALE BEACH SPRINT SEMI FINALS
<b>50-54 yrs FEMALE BEACH SPRINT FINAL</b>
<b>50-54 yrs MALE BEACH SPRINT FINAL</b>
40-49 yrs MALE BEACH SPRINT QUARTER FINALS
40-49 yrs FEMALE BEACH SPRINT SEMI FINALS
40-49 yrs MALE BEACH SPRINT SEMI FINALS
<b>40-49 yrs FEMALE BEACH SPRINT FINAL</b>
<b>40-49 yrs MALE BEACH SPRINT FINAL</b>
40-44 yrs MALE BEACH SPRINT HEATS
40-44 yrs MALE BEACH SPRINT QUARTER FINALS
40-44 yrs FEMALE BEACH SPRINT SEMI FINALS
40-44 yrs MALE BEACH SPRINT SEMI FINALS
<b>40-44 yrs FEMALE BEACH SPRINT FINAL</b>
<b>40-44 yrs MALE BEACH SPRINT FINAL</b>
35-39 yrs MALE BEACH SPRINT SEMI FINALS
35-39 yrs FEMALE BEACH SPRINT SEMI FINALS
<b>35-39 yrs MALE BEACH SPRINT FINAL</b>

<b>35-39 yrs FEMALE BEACH SPRINT FINAL</b>
30-34 yrs MALE BEACH SPRINT SEMI FINALS
30-34 yrs FEMALE BEACH SPRINT SEMI FINALS
<b>30-34 yrs MALE BEACH SPRINT FINAL</b>
<b>30-34 yrs FEMALE BEACH SPRINT FINAL</b>
230 yrs MALE BEACH SPRINT RELAY SEMI FINALS
200 yrs MALE BEACH SPRINT RELAY QUARTER FINALS
<b>230 yrs MALE BEACH SPRINT RELAY FINAL</b>
200 yrs MALE BEACH SPRINT RELAY SEMI FINALS
170 yrs MALE BEACH SPRINT RELAY SEMI FINALS
<b>200 yrs MALE BEACH SPRINT RELAY FINAL</b>
<b>170 yrs MALE BEACH SPRINT RELAY FINAL</b>
<b>140 yrs MALE BEACH SPRINT RELAY FINAL</b>
<b>230 yrs FEMALE BEACH SPRINT RELAY FINAL</b>
200 yrs FEMALE BEACH SPRINT RELAY SEMI FINALS
170 yrs FEMALE BEACH SPRINT RELAY QUARTER FINALS
<b>200 yrs FEMALE BEACH SPRINT RELAY FINAL</b>
170 yrs FEMALE BEACH SPRINT RELAY SEMI FINALS
140 yrs FEMALE BEACH SPRINT RELAY SEMI FINALS
<b>170 yrs FEMALE BEACH SPRINT RELAY FINAL</b>
<b>140 yrs FEMALE BEACH SPRINT RELAY FINAL</b>

2024 AUSTRALIAN MASTERS CHAMPIONSHIPS	
TUESDAY 16TH APRIL	
MOOLOOLABA BEACH	
BEACH TRACK & FLAG PIT	SOUTHERN SIDE OF BEACH TRACK
<b>BEACH FLAGS MARSHALLING</b> - 2:45pm	<b>1KM / 2KM RUN MARSHALLING</b> - 7:00am
<b>75+ FEMALE BEACH FLAGS FINAL</b>	1km BEACH RUN - 75+, 70-74 yrs, 65-69 yrs, 60-64 yrs MALE & FEMALE FINAL
<b>70-74 yrs FEMALE BEACH FLAGS FINAL</b>	2km BEACH RUN - 55-59 yrs, 50-54 yrs, 45-49 yrs, 40-44 yrs, 35-39 yrs, 30-34 yrs MALE & FEMALE FINAL
<b>65-69 yrs FEMALE BEACH FLAGS FINAL</b>	
<b>60-64 yrs FEMALE BEACH FLAGS FINAL</b>	
<b>75+ MALE BEACH FLAGS FINAL</b>	
<b>70-74 yrs MALE BEACH FLAGS FINAL</b>	
<b>65-69 yrs MALE BEACH FLAGS FINAL</b>	
<b>60-64 yrs MALE BEACH FLAGS FINAL</b>	
55-59 yrs MALE BEACH FLAGS SEMI FINALS	
55-59 yrs FEMALE BEACH FLAGS SEMI FINALS	
<b>55-59 yrs MALE BEACH FLAGS FINAL</b>	
<b>55-59 yrs FEMALE BEACH FLAGS FINAL</b>	
50-54 yrs MALE BEACH FLAGS SEMI FINALS	
50-54 yrs FEMALE BEACH FLAGS SEMI FINALS	
<b>50-54 yrs MALE BEACH FLAGS FINAL</b>	
<b>50-54 yrs FEMALE BEACH FLAGS FINAL</b>	
45-49 yrs MALE BEACH FLAGS SEMI FINALS	
45-49 yrs FEMALE BEACH FLAGS SEMI FINALS	
<b>45-49 yrs MALE BEACH FLAGS FINAL</b>	
<b>45-49 yrs FEMALE BEACH FLAGS FINAL</b>	
40-44 yrs MALE BEACH FLAGS SEMI FINALS	
40-44 yrs FEMALE BEACH FLAGS SEMI FINALS	
<b>40-44 yrs MALE BEACH FLAGS FINAL</b>	
<b>40-44 yrs FEMALE BEACH FLAGS FINAL</b>	
35-39 yrs MALE BEACH FLAGS SEMI FINALS	
35-39 yrs FEMALE BEACH FLAGS SEMI FINALS	
<b>35-39 yrs MALE BEACH FLAGS FINAL</b>	
<b>35-39 yrs FEMALE BEACH FLAGS FINAL</b>	
30-34 yrs MALE BEACH FLAGS SEMI FINALS	
30-34 yrs FEMALE BEACH FLAGS SEMI FINALS	
<b>30-34 yrs MALE BEACH FLAGS FINAL</b>	
<b>30-34 yrs FEMALE BEACH FLAGS FINAL</b>	

2024 AUSTRALIAN OPEN CHAMPIONSHIPS	
THURSDAY 18TH APRIL	
MOOLOOLABA BEACH	
BEACH TRACK	SOUTHERN SIDE OF BEACH TRACK
<b>BEACH SPRINT MARSHALLING</b> - 2:45pm	<b>2KM BEACH RUN MARSHALLING</b> - 7:10am
U19 FEMALE BEACH SPRINT QUARTER FINALS	U19 FEMALE 2km BEACH RUN
U19 MALE BEACH BEACH SPRINT QUARTER FINALS	U19 MALE 2km BEACH RUN
U17 FEMALE BEACH BEACH SPRINT HEATS	U17 FEMALE 2km BEACH RUN
U17 MALE BEACH BEACH SPRINT HEATS	U17 MALE 2km BEACH RUN
OPEN FEMALE BEACH BEACH SPRINT HEATS	OPEN FEMALE 2km BEACH RUN
OPEN MALE BEACH BEACH SPRINT HEATS	OPEN MALE 2km BEACH RUN
U17 FEMALE BEACH BEACH SPRINT QUARTER FINALS	
U17 MALE BEACH BEACH SPRINT QUARTER FINALS	
OPEN FEMALE BEACH BEACH SPRINT QUARTER FINALS	
OPEN MALE BEACH BEACH SPRINT QUARTER FINALS	
U19 FEMALE BEACH SPRINT SEMI FINALS	
U19 MALE BEACH BEACH SPRINT SEMI FINALS	
U17 FEMALE BEACH BEACH SPRINT SEMI FINALS	
U17 MALE BEACH BEACH SPRINT SEMI FINALS	
OPEN FEMALE BEACH BEACH SPRINT SEMI FINALS	
OPEN MALE BEACH BEACH SPRINT SEMI FINALS	
<b>U19 FEMALE BEACH SPRINT FINAL</b>	
<b>U19 MALE BEACH BEACH SPRINT FINAL</b>	
<b>U17 FEMALE BEACH BEACH SPRINT FINAL</b>	
<b>U17 MALE BEACH BEACH SPRINT FINAL</b>	
<b>OPEN FEMALE BEACH BEACH SPRINT FINAL</b>	
<b>OPEN MALE BEACH BEACH SPRINT FINAL</b>	

2024 AUSTRALIAN OPEN CHAMPIONSHIPS	
FRIDAY 19TH APRIL	
MOOLOOLABA BEACH	
BEACH TRACK	SOUTHERN SIDE OF BEACH TRACK
<b>BEACH SPRINT MARSHALLING</b> - 2:45pm	<b>2KM BEACH RUN MARSHALLING</b> - 7:10am
U19 FEMALE BEACH SPRINT RELAY QUARTER FINALS	U19 FEMALE 2x1km BEACH RUN RELAY
U19 MALE BEACH SPRINT RELAY QUARTER FINALS	U19 MALE 2x1km BEACH RUN RELAY
U17 FEMALE BEACH SPRINT RELAY QUARTER FINALS	U17 FEMALE 2x1km BEACH RUN RELAY
U17 MALE BEACH SPRINT RELAY QUARTER FINALS	U17 MALE 2x1km BEACH RUN RELAY
OPEN FEMALE BEACH SPRINT RELAY QUARTER FINALS	OPEN FEMALE 2x1km BEACH RUN RELAY
OPEN MALE BEACH SPRINT RELAY QUARTER FINALS	OPEN MALE 2x1km BEACH RUN RELAY
U19 FEMALE BEACH SPRINT RELAY SEMI FINALS	
U19 MALE BEACH SPRINT RELAY SEMI FINALS	
U17 FEMALE BEACH SPRINT RELAY SEMI FINALS	
U17 MALE BEACH SPRINT RELAY SEMI FINALS	
OPEN FEMALE BEACH SPRINT RELAY SEMI FINALS	
OPEN MALE BEACH SPRINT RELAY SEMI FINALS	
<b>U19 FEMALE BEACH SPRINT RELAY FINAL</b>	
<b>U19 MALE BEACH SPRINT RELAY FINAL</b>	
<b>U17 FEMALE BEACH SPRINT RELAY FINAL</b>	
<b>U17 MALE BEACH SPRINT RELAY FINAL</b>	
<b>OPEN FEMALE BEACH SPRINT RELAY FINAL</b>	
<b>OPEN MALE BEACH SPRINT RELAY FINAL</b>	
U19 MIXED BEACH SPRINT RELAY SEMI FINALS	
U17 MIXED BEACH SPRINT RELAY SEMI FINALS	
OPEN MIXED BEACH SPRINT RELAY SEMI FINALS	
<b>U19 MIXED BEACH SPRINT RELAY FINAL</b>	
<b>U17 MIXED BEACH SPRINT RELAY FINAL</b>	
<b>OPEN MIXED BEACH SPRINT RELAY FINAL</b>	

<b>2024 AUSTRALIAN OPEN CHAMPIONSHIPS</b>
<b>SATURDAY 20TH APRIL</b>
<b>MOOLOOLABA BEACH</b>
<b>BEACH TRACK &amp; FLAG PIT</b>
<b>MARSHALLING</b> - 1:45pm
U19 FEMALE BEACH FLAGS HEATS
U19 FEMALE BEACH FLAGS SEMI FINALS
U19 MALE BEACH FLAGS HEATS
U19 MALE BEACH FLAGS SEMI FINALS
U17 FEMALE BEACH FLAGS HEATS
U17 FEMALE BEACH FLAGS SEMI FINALS
U17 MALE BEACH FLAGS HEATS
U17 MALE BEACH FLAGS SEMI FINALS
OPEN FEMALE BEACH FLAGS HEATS
OPEN FEMALE BEACH FLAGS SEMI FINALS
OPEN MALE BEACH FLAGS HEATS
OPEN MALE BEACH FLAGS SEMI FINALS
<b>U19 FEMALE BEACH FLAGS FINAL</b>
<b>U19 MALE BEACH FLAGS FINAL</b>
<b>U17 FEMALE BEACH FLAGS FINAL</b>
<b>U17 MALE BEACH FLAGS FINAL</b>
<b>OPEN FEMALE BEACH FLAGS FINAL</b>
<b>OPEN MALE BEACH FLAGS FINAL</b>